2026 SCHEDULE

M	G
Registration opens 6:00 **7:30 cafe opens**	
7:30 - 8:00 **Couples dancing** *(recorded music)*	
8:00 - 9:45 **Contra** **RIVER & MEAN LIDS**	
10:00 - 11:30 **Contra** **GAYE / RAVEN & GOOSE**	**11:00 cafe closes**
11:30 - midnight **Couples Dancing to RAVEN & GOOSE**	

M	G	P	
9:30 am cafe opens			
10:00 - 11:30 **Intermediate Waltz** **(1 hr. lesson, 1/2 hr. practice)** **GAYE & WAYNE** **MEAN LIDS**		10:00 - 11:30 **Yoga** **BILL FANNING**	
11:30 - 1:15 p.m. – Lunch on your own			
1:15 - 2:45 **Contra dances with unusual formations** **GAYE & MEAN LIDS**		1:15 - 2:45 **Rapper Sword 101** **RIVER** **Music by Deborah Colon**	1:15 - 2:45 **How to play for contra dances** **RAVEN & GOOSE**
2:45 - 3:00 p.m. – Break			
3:00-4:30 **Advanced contras** **RIVER / RAVEN & GOOSE**		3:00-4:30 - **Cajun** **(1 hr. lesson, 1/2 hr. practice)** **MATT TURINO** **Recorded music**	3:00-4:30 **Musicians' Jam** **MIRIAM & BEN (MEAN LIDS)**
4:15 - 7:30 p.m. **Cafe (snack room) will be CLOSED** **Dinner on your own**			
Registration opens 6:00 **Cafe opens 7:30**			
7:30 - 8:00 **Couples dancing** *(recorded music)*			
8:00 - 9:45 **Contra** **RIVER / RAVEN & GOOSE**			
10:00 - 11:30 **Contra** **GAYE & MEAN LIDS**	**11:00 cafe closes**		
11:30 - midnight **Couples dancing to MEAN LIDS**			

BANDS

MEAN LIDS
Miriam Larson
Matt Turino
Ben Smith

RAVEN & GOOSE
Corwin Zekley
Grace Fellows

CALLERS

GAYE FIFER
RIVER ABEL

SOUND

JAMIE PLATT

M	G	P	
9:30 am cafe opens			
9:30 - 10:30 **Open Waltz** **RAVEN & GOOSE**		9:30 - 10:30 **Qi Gong** **ANYA**	9:30 - 10:30 **Rise Up Singing** **SAL**
10:45 - 11:45 **Flow & Glide Contras** **RIVER & MEAN LIDS**		10:45 - 11:45 **Dutch Crossing** **GAYE & RAVEN & GOOSE**	
Cafe closed 10:30 - 11:30 for lunch preparations. Lunch served 11:30 – 1:00			
1:00-2:00 **Contra** **GAYE / RAVEN & GOOSE**			
2:00-3:00 **Contra** **RIVER & MEAN LIDS**			

WORKSHOP HIGHLIGHTS

Qi gong
Qi gong is believed to be 4000 year old health promotion exercises. They are known to be one of the important factors in promoting longevity. They consist of fluid movements that move qi (innate energy of the body). It will help you feel refreshed and energized to continue dancing the day/night away.